Hi Campers and Coaching Clinic Participants!!!

Let me be the first to welcome you to the University of Illinois Wheelchair Summer Camps! There are four key things for you all to take note of in order to make your arrival, stay and departure as easy as possible.

**Things to bring to camp:**
The following is a short suggestion list for items to bring to camp:
- Sport/racing chair
- Straps, extra intertubes, tires, cushion
- Alarm Clock
- 6-7 changes of clothing
- At least 1 extra cushion cover
- Enough personal care items to last the length of camp
- Medication (if applicable)
- **Water bottle** clearly marked with name
- All personal items clearly marked with name
- Sun glasses/sun screen (especially for track camp)

**Registration Times:**
- **Check in** is from 1pm-4pm CST on the first day of camp. Instruction begins that same evening at 6pm.
- **Check out** is at 8am CST on the last day of all camps.
- **Registration** and accommodations for all camps will be at Florida Avenue Residence Hall.

**Camp Schedule:**
- **Breakfast:** 7am-8am
- **Session 1:** 8:30am-12pm*
- **Lunch:** 12pm-1:30pm
- **Session 2:** 1:30pm-5pm*
- **Dinner:** 5pm-6:30pm
- **Session 3:** 6:30pm-9:30pm*

*Each camp session falls between the above blocked times.

**Forms Reminder:**
*Please check to make sure you have completed and turned in all of these forms:
- Signed medical form
- Signed medical/photo release
- Transportation form
- Remainder of camp fee

If you have further questions, feel free to contact me at (217)333-4606. In case of an emergency during camps, including travel difficulties, please call Maureen Gilbert on her cell phone at (217)202-8227. Thank you and we look forward to seeing you all soon!